

CIRCULAR

There will be meeting for the
yoga and meditation all members
on 29.10.2022 at 3.00pm.

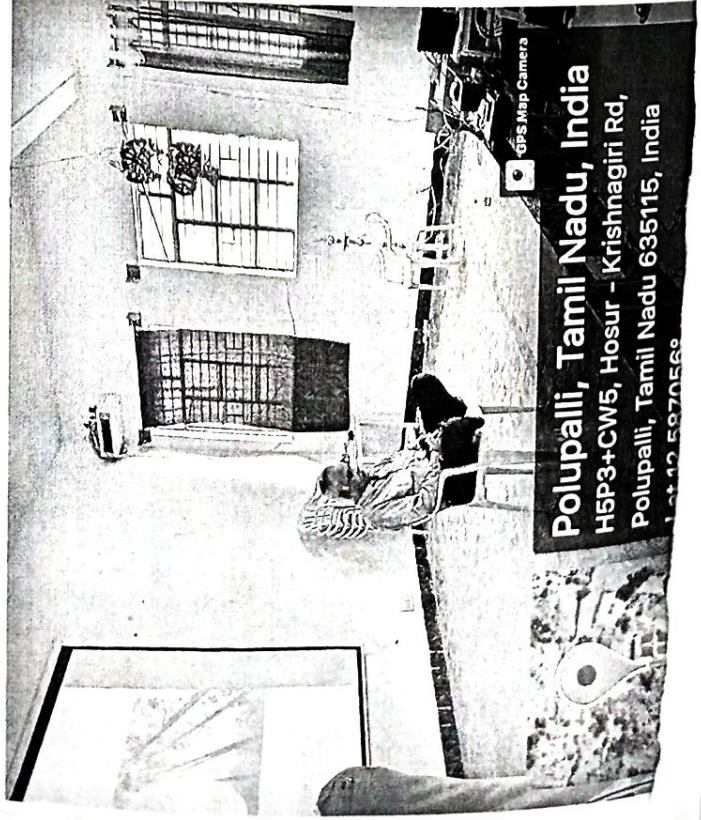
T. Purna
Yoga & Meditation
Co-ordinator

Members

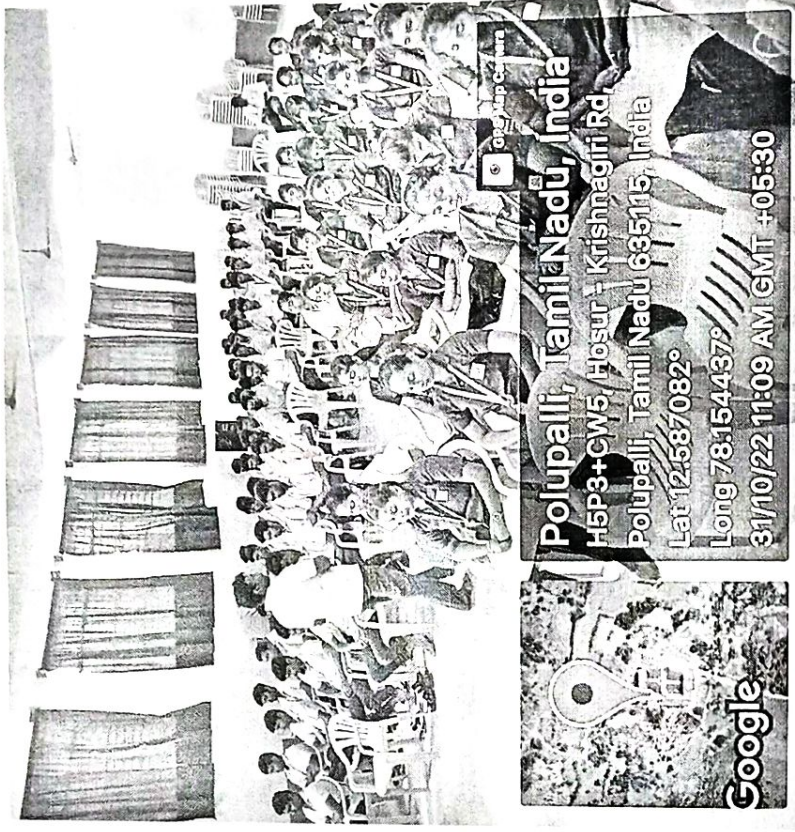
1. Dr. S. Ramachandran - Banyan
2. C. vijay Anand - C. Anand
3. S. Suganya - Suganya
4. P. Krishnamorthy - P. Krishnamorthy
5. M. Dhanshini Priya - M. Dhanshini Priya
6. L. Indira - L. Indira
7. B. Sathish Kumar - B. Sathish Kumar
8. M. Sathya - M. Sathya
9. M. Senthil - M. Senthil
10. U. Tharani - U. Tharani



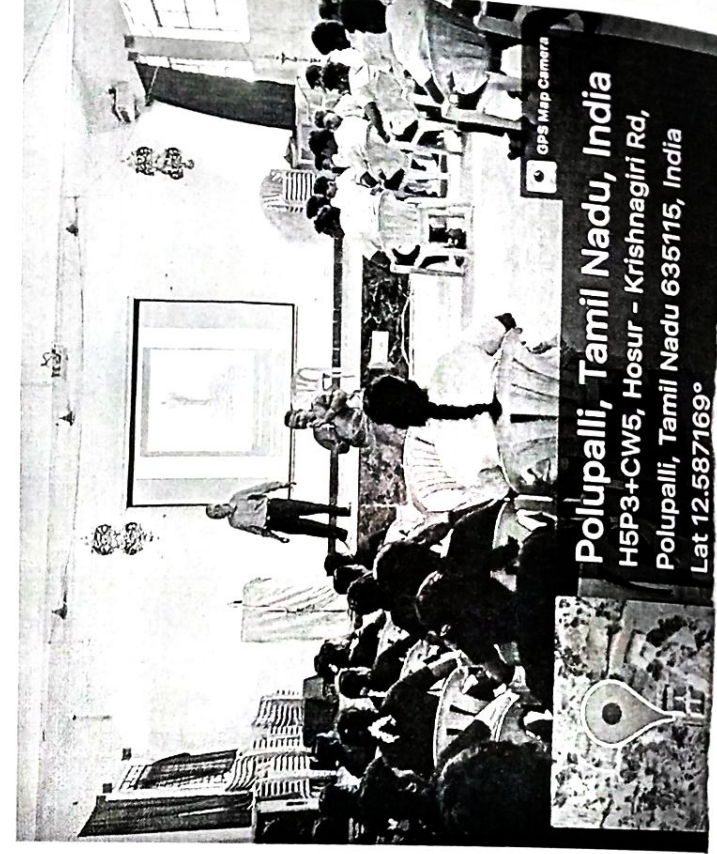
Polupalli, Tamil Nadu, India
H5P3+CW5, Hosur - Krishnagiri Rd,
Polupalli, Tamil Nadu 635115, India
Lat 12.587011°
Long 78.154224°
31/10/22 11:09 AM GMT +05:30



Polupalli, Tamil Nadu, India
H5P3+CW5, Hosur - Krishnagiri Rd,
Polupalli, Tamil Nadu 635115, India
Lat 12.587056°



Polupalli, Tamil Nadu, India
H5P3+CW5, Hosur - Krishnagiri Rd,
Polupalli, Tamil Nadu 635115, India
Lat 12.587082°
Long 78.154437°
31/10/22 11:09 AM GMT +05:30



Polupalli, Tamil Nadu, India
H5P3+CW5, Hosur - Krishnagiri Rd,
Polupalli, Tamil Nadu 635115, India
Lat 12.587169°




REPORT

A Special Programme was conducted on 31.10.22 at 11.00 AM in college Auditorium on behalf of Yoga & Meditation Cell.

Dr. S. Dhanapal, Principal & Chairman of IQAC Presided over the Programme. The IQAC co-ordinator & Co-coordinator were also present over the dias, Mrs. T. Prema (Yoga & Meditation) Co-ordinator organized the Programme.

The members from Heartfulness Meditation Centre Krishnagiri, Mr. Venkatesan, Mr. Guruswamy, Mrs. Poongothai and Mrs. Sundari gave a motivational speech about Meditation. They practised meditation for about 1 hour to the students. They also asked about the feedback & the students informed they were inspired and motivated about the cell.

T. Prema
Yoga & Meditation
Co-ordinator


Principal

Members

1. Dr. S. Ramachandran - A. Ramachandran
2. C. Vijay Anand - C. Anand
3. S. Suganya - S. Suganya
4. P. LOKSINAMURTHY - P. Loksinamurthy
5. M. Dharshini priya - M. Dharshini priya
6. M. Senthil - M. Senthil
7. L. PINDIRA - L. Pindira
8. B. Sathish kumar - B. Sathish kumar
9. M. Satya - M. Satya